

## **About Us**

destinations around the world.



## CONTENT

- 06 Weights
- 25 Studio
- 33 Functional Accessories
- 48 Cable Attachment
- 55 Strength Training
- 67 Storage System

# Weights

Elevate your strength training with our range of durable products, all made with long-lasting urethane. From dumbbells and barbells to weight plates and kettlebells, our equipment is designed to withstand the rigors of intense workouts while providing a safe and effective training experience.







### **Urethane Dumbbell**

RKC01UDB

#### Feature:

- Premium urethane
- High grade solid steel core
- Quenching processed handle with hard plated knurling

#### **Specification:**

- Available from 2kg to 80kg with 2kg increment
- Handle length 15cm
- Head dia 127mm for 2 to 6kg
- Head dia 153mm for 8 to 14kg
- Head dia 203mm for 16 to 60kg
- Head dia 213mm for 62-80kg

Warranty: 5 years













### **Urethane Dumbbell** with PU Handle

RKC01UDB-PH

#### Feature:

- Premium urethane
- High grade solid steel core
- Urethane coated handle prevent from rust

#### Specification:

- Available from 2kg to 32kg with 2kg increment
- Handle length 15cm
- Head dia 127mm for 2 to 6kg
- Head dia 153mm for 8 to 14kg
- Head dia 203mm for 16 to 32kg

**Warranty:** 5 years













### **Dumbbell Rack for 15 Pair**

RKC02DBR-015

#### Feature:

- Heavy guage steel
- Nylon Saddle
- Flat packaging

#### Specification:

- Weight 123kg
- Length 2600mm
- · Width 960mm
- Height 940mm

Warranty: 5 years

Color: 06



### **Dumbbell Rack for 5 Pair**

RKC02DBR-005

#### Feature:

- Heavy guage steel
- Nylon Saddle
- Flat packaging

#### Specification:

- Weight 64kg
- · Length 1460mm
- Width 780mm
- Height 880mm

Warranty: 5 years

Color: 06





### **Dumbbell Rack for 10 Pair**

RKC02DBR-010

#### Feature:

- Heavy guage steel
- Nylon Saddle
- Flat packaging

#### Specification:

- Weight 87kg
- · Length 2630mm
- Width 780mm
- Height 880mm

**Warranty:** 5 years

Color: 06





<sup>\*</sup> Image for display only; rack excludes weights.











### **Urethane Barbell Straight**

RKC01BBS

#### Feature:

- Premium urethane
- High grade solid steel core
- Hard chrome handle

#### Specification:

- Available from 10kg to 55kg with 5kg
- Available from 7.5kg to 30kg with 2.5kg increment

**Warranty:** 5 years

Color: BU RD YW GY GN GG









RKC01BBC

#### Feature:

- Premium urethane
- High grade solid steel core
- Hard chrome handle

#### Specification:

- Available from 10kg to 55kg with 5kg
- Available from 7.5kg to 30kg with 2.5kg increment

**Warranty:** 5 years

Color: BU RD YW GY GN GG









#### \* For additional color options, please contact your local distributor.

### **Barbell Rack for 5 Piece**

RKC02BBR-005

#### Feature:

- Heavy guage steel
- Nylon Saddle
- Flat packaging

#### Specification:

- Weight 35kg
- · Length 880mm
- Width 700mm
- · Height 1130mm

Warranty: 5 years

Color: 0G

### **Barbell Rack for 10 Piece**

RKC02BBR-010

#### Feature:

- Heavy guage steel
- Nylon Saddle
- Flat packaging

#### Specification:

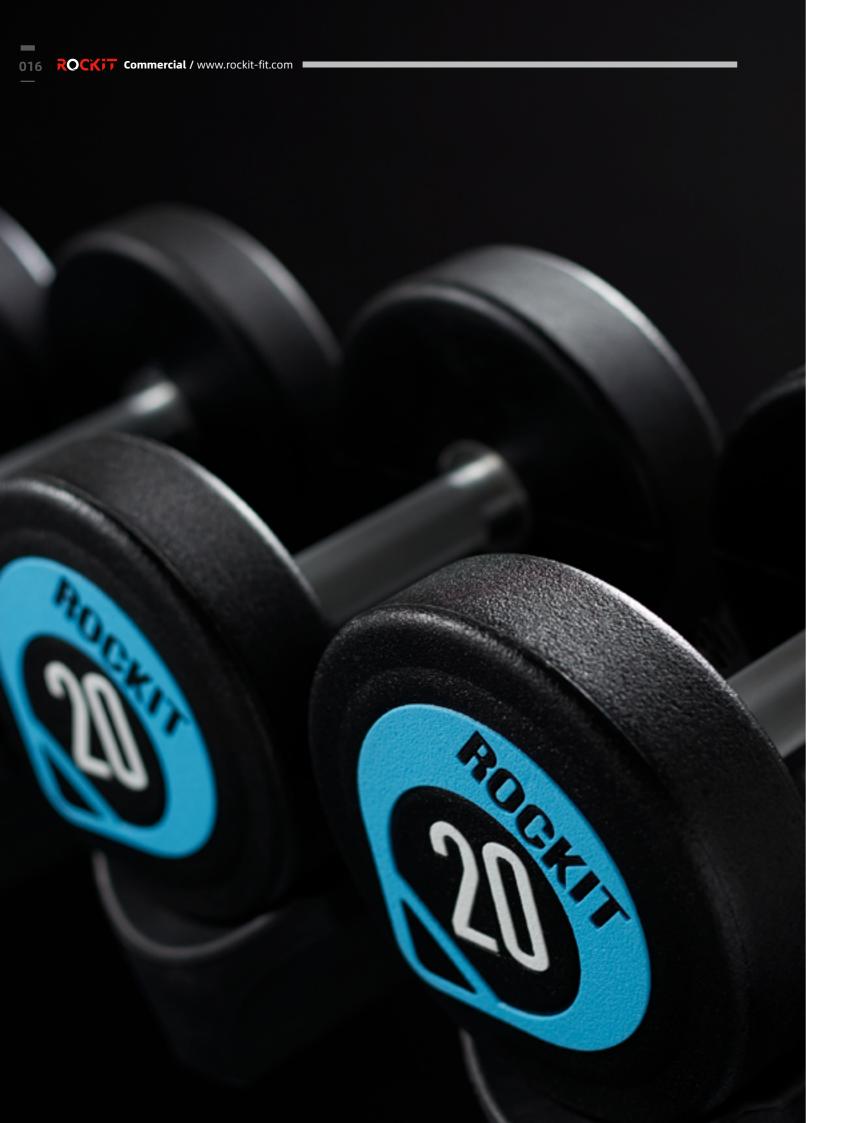
- Weight 58kg
- Length 920mm
- Width 970mm
- Height 1240mm

Warranty: 5 years

Color: DG



<sup>\*</sup> Image for display only; rack excludes weights.



Item	Product	Item	Product
Urethena Dumbbell			
RKC01UDB-002	Urethane Dumbbell 2kg	RKC01UDB-PH008	Urethane Dumbell with PU Handle 8kg
RKC01UDB-004	Urethane Dumbbell 4kg	RKC01UDB-PH010	Urethane Dumbell with PU Handle 10kg
RKC01UDB-006	Urethane Dumbbell 6kg	RKC01UDB-PH012	Urethane Dumbell with PU Handle 12kg
RKC01UDB-008	Urethane Dumbbell 8kg	RKC01UDB-PH014	Urethane Dumbell with PU Handle 14kg
RKC01UDB-010	Urethane Dumbbell 10kg	RKC01UDB-PH016	Urethane Dumbell with PU Handle 16kg
RKC01UDB-012	Urethane Dumbbell 12kg	RKC01UDB-PH018	Urethane Dumbell with PU Handle 18kg
RKC01UDB-014	Urethane Dumbbell 14kg	RKC01UDB-PH020	Urethane Dumbell with PU Handle 20kg
RKC01UDB-016	Urethane Dumbbell 16kg	RKC01UDB-PH022	Urethane Dumbell with PU Handle 22kg
RKC01UDB-018	Urethane Dumbbell 18kg	RKC01UDB-PH024	Urethane Dumbell with PU Handle 24kg
RKC01UDB-020	Urethane Dumbbell 20kg	RKC01UDB-PH026	Urethane Dumbell with PU Handle 26kg
RKC01UDB-022	Urethane Dumbbell 22kg	RKC01UDB-PH028	Urethane Dumbell with PU Handle 28kg
RKC01UDB-024	Urethane Dumbbell 24kg	RKC01UDB-PH030	Urethane Dumbell with PU Handle 30kg
RKC01UDB-026	Urethane Dumbbell 26kg	RKC01UDB-PH032	Urethane Dumbell with PU Handle 32kg
RKC01UDB-028	Urethane Dumbbell 28kg	111001000-11002	Orestano Dunisen Wierr O Handre Seng
RKC01UDB-030	Urethane Dumbbell 30kg	Urethena Barbell	
RKC01UDB-032	Urethane Dumbbell 32kg	RKC01BBS-010	Urethane Barbell Straight 10kg
RKC01UDB-034	Urethane Dumbbell 34kg	RKC01BBS-015	Urethane Barbell Straight 15kg
RKC01UDB-036	Urethane Dumbbell 36kg	RKC01BBS-020	Urethane Barbell Straight 20kg
RKC01UDB-038	Urethane Dumbbell 38kg	RKC01BBS-025	Urethane Barbell Straight 25kg
RKC01UDB-040	Urethane Dumbbell 40kg	RKC01BBS-030	Urethane Barbell Straight 30kg
RKC01UDB-042	Urethane Dumbbell 42kg	RKC01BBS-035	Urethane Barbell Straight 35kg
RKC01UDB-044	Urethane Dumbbell 44kg	RKC01BBS-040	Urethane Barbell Straight 40kg
RKC01UDB-046	Urethane Dumbbell 46kg	RKC01BBS-045	Urethane Barbell Straight 45kg
RKC01UDB-048	Urethane Dumbbell 48kg	RKC01BBS-050	Urethane Barbell Straight 50kg
RKC01UDB-050	Urethane Dumbbell 50kg	RKC01BBS-055	Urethane Barbell Straight 55kg
RKC01UDB-052	Urethane Dumbbell 52kg	RKC01BBS-7.5	Urethane Barbell Straight 7.5kg
RKC01UDB-054	Urethane Dumbbell 54kg	RKC01BBS-12.5	Urethane Barbell Straight 12.5kg
RKC01UDB-056	Urethane Dumbbell 56kg	RKC01BBS-17.5	Urethane Barbell Straight 17.5kg
RKC01UDB-058	Urethane Dumbbell 58kg	RKC01BBS-17.5	Urethane Barbell Straight 22.5kg
RKC01UDB-060	Urethane Dumbbell 60kg	RKC01BBS-27.5	Urethane Barbell Straight 27.5kg
RKC01UDB-062	Urethane Dumbbell 62kg	RKC01BBC-010	Urethane Barbell Curl 10kg
RKC01UDB-064	Urethane Dumbbell 64kg	RKC01BBC-015	Urethane Barbell Curl 15kg
RKC01UDB-066	Urethane Dumbbell 66kg	RKC01BBC-020	Urethane Barbell Curl 20kg
RKC01UDB-068	Urethane Dumbbell 68kg	RKC01BBC-025	Urethane Barbell Curl 25kg
RKC01UDB-070	Urethane Dumbbell 70kg	RKC01BBC-023	Urethane Barbell Curl 30kg
RKC01UDB-072	Urethane Dumbbell 72kg	RKC01BBC-035	Urethane Barbell Curl 35kg
RKC01UDB-074		RKC01BBC-040	
	Urethane Dumbbell 74kg		Urethane Barbell Curl 45kg
RKC01UDB-076 RKC01UDB-078	Urethane Dumbbell 76kg	RKC01BBC-045 RKC01BBC-050	Urethane Barbell Curl 45kg
	Urethane Dumbbell 78kg		Urethane Barbell Curl 50kg
RKC01UDB-080	Urethane Dumbbell 80kg	RKC01BBC-055	Urethane Barbell Curl 55kg
Heathana Dumbhall	with DII Handle	RKC01BBC-7.5	Urethane Barbell Curl 7.5kg
Urethena Dumbbell		RKC01BBC-12.5	Urethane Barbell Curl 12.5kg
RKC01UDB-PH002	Urethane Dumbell with PU Handle 2kg	RKC01BBC-17.5	Urethane Barbell Curl 17.5kg
RKC01UDB-PH004	Urethane Dumbell with PU Handle 4kg	RKC01BBC-22.5	Urethane Barbell Curl 22.5kg
RKC01UDB-PH006	Urethane Dumbell with PU Handle 6kg	RKC01BBC-27.5	Urethane Barbell Curl 27.5kg



### **Urethane Weight Plate**

RKC01UWP

#### Feature:

- Premium urethane
- High grade cast core, anti-crack tested
- Stainless steel insert

**Warranty:** 5 years

Color:







Item	Product
RKC01UWP-1.25	Urethane Weight Plate 1.25kg
RKC01UWP-2.5	Urethane Weight Plate 2.5kg
RKC01UWP-005	Urethane Weight Plate 5kg
RKC01UWP-010	Urethane Weight Plate 10kg
RKC01UWP-015	Urethane Weight Plate 15kg
RKC01UWP-020	Urethane Weight Plate 20kg
RKC01UWP-025	Urethane Weight Plate 25kg

<sup>\*</sup> For additional color options, please contact your local distributor.





### **Weight Plate Storage Stand**

RKC02PSS-007

#### Feature:

- Heavy guage steel
- Flat packaging

#### Specification:

- Weight 27kg
- Length 1241mm
- Width 683mm
- Height 1313mm

Warranty: 5 years

Color: 03

### **Bar Holder**

RKC020BH-009

#### Feature:

Heavy guage steel

#### Specification:

- Weight 27kg
- Length 500mm
- Width 500mm
- Height 270mm

**Warranty:** 5 years

Color: DG

<sup>\*</sup> Image for display only; rack excludes weights.





### **Urethane Bumper Plate**

RKC01UBP

#### Feature:

- Premium urethane
- High grade cast core, anti-crack tested
- Stainless steel insert
- Diameter 45cm

Warranty: 5 years

Item	Product
RKC01UBP-005	Urethane Bumper Plate 5kg - Black
RKC01UBP-010	Urethane Bumper Plate 10kg - Green
RKC01UBP-015	Urethane Bumper Plate 15kg - Yellow
RKC01UBP-020	Urethane Bumper Plate 20kg - Blue
RKC01UBP-025	Urethane Bumper Plate 25kg - Red

### **Bumper Plate Rack**

RKC02BMP-LRG

#### Feature:

- Powder coated steel frame
- Rolling wheels
- Slots to hold multiple size of plates

#### Specification:

- Weight 15kg
- · Length 850mm
- Width 280mm
- Height 220mm

Warranty: 2 years

Color: 🕸





Olympic Bar 2.20m - Alloy Steel RKC01BAR-M220PM

Olympic Bar 2.00m - Alloy Steel RKC01BAR-W201PM

Olympic Bar 1.80m

RKC01BAR-180

**Olympic Bar 1.50m** *RKC01BAR-150* 

**Olympic Bar 1.20m** *RKC01BAR-120* 

Olympic Curl Bar 1.20m

RKC01BAR-120C

• Ø50mm olympic size

Warranty: 1 year





**Olympic Spring** Collars

RKC03SPR-CLR

Warranty: 1 year



**Olympic Plastic** Lockjaw

RKC03LCK-JAW

Warranty: 1 year



**Magnetic Olympic Barbell Collar** 

RKC03CLR-MGN50

Warranty: 1 year

### **Urethane Kettelbell**

RKC01PUKB

#### Feature:

- Premium urethane
- High grade cast core
- Hard chrome handle with comfortable angle

Warranty: 5 years









Item	Product
RKC01PUKB-004	Urethane Kettlebell 4kg
RKC01PUKB-006	Urethane Kettlebell 6kg
RKC01PUKB-008	Urethane Kettlebell 8kg
RKC01PUKB-010	Urethane Kettlebell 10kg
RKC01PUKB-012	Urethane Kettlebell 12kg
RKC01PUKB-016	Urethane Kettlebell 16kg
RKC01PUKB-020	Urethane Kettlebell 20kg
RKC01PUKB-024	Urethane Kettlebell 24kg
RKC01PUKB-028	Urethane Kettlebell 28kg
RKC01PUKB-032	Urethane Kettlebell 32kg

### **Kettlebell Rack**

RKC02KBR-011

#### Feature:

- Heavy guage steel
- Anti-slip rubber surface
- Flat Packaging

#### Specification:

- Weight 64kg
- Length 1410mm
- Width 780mm

• Height 880mm

Warranty: 5 years

Color: 06



<sup>\*</sup> Image for display only; rack excludes weights.

### **Competition Kettelbell**

RKC01CKB

#### Feature:

- High stregnth steel core
- Stainless handle with comfortable angle
- Non-toxic paint
- Uni size body diameter 21cm

Warranty: 1 year

Item	Product
RKC01CKB-008	Competition Kettlebell 8kg - Pink
RKC01CKB-012	Competition Kettlebell 12kg - Blue
RKC01CKB-016	Competition Kettlebell 16kg - Yellow
RKC01CKB-020	Competition Kettlebell 20kg - Purple
RKC01CKB-024	Competition Kettlebell 24kg - Green
RKC01CKB-028	Competition Kettlebell 28kg - Orange
RKC01CKB-032	Competition Kettlebell 32kg - Red
RKC01CKB-036	Competition Kettlebell 36kg - Grey
RKC01CKB-040	Competition Kettlebell 40kg - White
RKC01CKB-044	Competition Kettlebell 44kg - Silver
RKC01CKB-048	Competition Kettlebell 48kg - Golden



<sup>\*</sup> For additional color options, please contact your local distributor.

Designed for dynamic group classes and personal training sessions. Compact yet versatile, each piece maximizes functionality and durability in limited spaces. With user-friendly features and reliable construction, our equipment enhances every workout experience.

### **Studio Disk Rack for 10 Sets**

RKC02SDR-010

#### Feature:

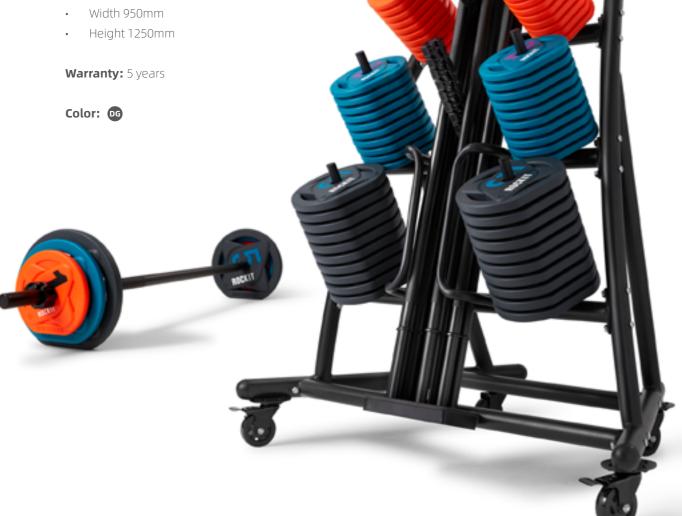
- Allow up to 10 sets of Urethane Studio Disk Set (20kg set only)
- Heavy guage steel
- Wheels with brake

### Flat Packaging

#### Specification:

- Weight 43kg
- Length 1230mm





\* Image for display only; rack excludes weights.



- Specification:
- 1.25kg dia 18cm • 2.5kg dia 22.8cm
- 5kg dia 26.8cmv
- 10kg dia 31.8
- Bar length 1400 x dia 30mm
- Internal diameter 32mm

Warranty: 5 years

Item	Product
RKC01USD-SET	Urethane Studio Disk Set 20kg
RKC01USD-1.25	Urethane Studio Disk 1.25kg - Orange
RKC01USD-2.5	Urethane Studio Disk 2.5kg - Blue
RKC01USD-5	Urethane Studio Disk 5kg - Black
RKC01USD-10	Urethane Studio Disk 10kg - Purple
RKC01USD-BAR	Urethane Studio Disk Bar
RKC01USD-CLR	Quick Release Collar for Studio Disk







### **Urethane Studio Hand** Weight Set 1-10kg

RKC01UHW-S110

#### Feature:

- Premium urethane
- High grade cast core
- Unique square head

#### Specification:

• 1 to 10kg with 1kg increment

Warranty: 3 years

Color: BU RD YW GY









### **Vertical Dumbbell Rack For Studio Weights**

RKC02VDR-010X

#### Feature:

- Heavy guage steel
- Designed For 1 to 10kg studio weights only.
- Flat Packaging

#### Specification:

- Weight 58kg
- Length 610mm
- Width 650mm
- Height 1450mm

**Warranty:** 5 years





### **Urethane Studio Round Dumbbell Set 1-10kg**

RKC01UDB-S110

#### Feature:

- Premium urethane
- High grade cast core
- Uni-size of round dumbbell head for all weights

#### Specification:

• 1 to 10kg with 1kg increment

Warranty: 5 years







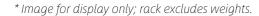








<sup>\*</sup> For additional color options, please contact your local



030 ROCKIT Commercial / www.rockit-fit.com



### **Aerobic Step**

RKC03STP-RGL

#### Feature:

- Non-slip decking
- Anti-slip rubber feet
- PVC and high density of ABS plastic
- 1 step with 4 risers

#### Specification:

- Length 110 x 41cm
- 3 Level stack, adjustable height 10/15/21cm
- Weight: 10kg

Warranty: 1 year

Color: BK



### **Adjustable Step Bench**

RKC03STP-PRM

#### Feature:

- Non-slip decking
- Anti-slip rubber feet
- Adjustable back with 2 levels

#### Specification:

- Length 122 x 33cm
- 2 adjustable height 20/35cm
- Weight: 14kg

Warranty: 1 year

Color: BK













RKC01HMDB

#### Feature:

RKC01MDB

- Commercial grade virgin rubber
- Unique moon texture surface
- Secure valve anti leaking

**Medicine Ball** 

#### Specification:

- Ø23cm for 1-6kg
- Ø29cm for 7-10kg

Warranty: 6 months

Color: BU



Item	Product
RKC01MDB-001	Medicine Ball 1kg
RKC01MDB-002	Medicine Ball 2kg
RKC01MDB-003	Medicine Ball 3kg
RKC01MDB-004	Medicine Ball 4kg
RKC01MDB-005	Medicine Ball 5kg
RKC01MDB-006	Medicine Ball 6kg
RKC01MDB-007	Medicine Ball 7kg
RKC01MDB-008	Medicine Ball 8kg
RKC01MDB-009	Medicine Ball 9kg
RKC01MDB-010	Medicine Ball 10kg

#### Feature:

- · Commercial grade virgin rubber
- Secure valve anti leaking

#### Specification:

- Ø23cm for 3-4kg
- Ø27cm for 5-10kg

Warranty: 6 months

Color: BU

Item	Product
RKC01HMDB-003	Hand Gripped Medicine Ball 3kg
RKC01HMDB-004	Hand Gripped Medicine Ball 4kg
RKC01HMDB-005	Hand Gripped Medicine Ball 5kg
RKC01HMDB-006	Hand Gripped Medicine Ball 6kg
RKC01HMDB-007	Hand Gripped Medicine Ball 7kg
RKC01HMDB-008	Hand Gripped Medicine Ball 8kg
RKC01HMDB-009	Hand Gripped Medicine Ball 9kg
RKC01HMDB-010	Hand Gripped Medicine Ball 10kg

### **Ball Rack for 5 Piece**

RKC02MFL-BAL5PC

#### Feature:

- Heavy guage steel
- Modularize parts
- Flat Packaging

#### Specification:

- Weight 23kg
- · Length 606mm
- Width 630mm
- Height 1500mm

Warranty: 5 years

Color: 06



### **Ball Rack for 10 Piece**

RKC02MFL-BAL10PC

#### Feature:

- Heavy guage steel
- Modularize parts
- Flat Packaging

#### Specification:

- Weight 26kg
- Length 606mm
- Width 630mm
- Height 1500mm

Warranty: 5 years

Color: 06



<sup>\*</sup> Image for display only; rack excludes balls.



<sup>\*</sup> Please avoid throwing medicine balls against hard surfaces like walls or the ground.







### Slam Ball

RKC03SLB

#### Feature:

- Durable PVC cover
- Stuff with sand

Warranty: 6 months



Item	Product
RKC03SLB-004	Slam Ball 4kg
RKC03SLB-005	Slam Ball 5kg
RKC03SLB-006	Slam Ball 6kg
RKC03SLB-007	Slam Ball 7kg
RKC03SLB-008	Slam Ball 8kg
RKC03SLB-009	Slam Ball 9kg
RKC03SLB-010	Slam Ball 10kg
RKC03SLB-012	Slam Ball 12kg
RKC03SLB-015	Slam Ball 15kg
RKC03SLB-018	Slam Ball 18kg
RKC03SLB-020	Slam Ball 20kg

### **Wall Ball**

RKC03WBL

#### Feature:

- Commercial grade 1000 x 1000 D PVC cover
- Stuffed with bagged rubber or iron straps protected by clean elastic cotton
- strength 1200kg tested
- 35cm diameter

Warranty: 6 months

Color: BU

Item	Product
RKC03WBL-002	Wall Ball 2kg
RKC03WBL-003	Wall Ball 3kg
RKC03WBL-004	Wall Ball 4kg
RKC03WBL-005	Wall Ball 5kg
RKC03WBL-006	Wall Ball 6kg
RKC03WBL-007	Wall Ball 7kg
RKC03WBL-008	Wall Ball 8kg
RKC03WBL-009	Wall Ball 9kg
RKC03WBL-010	Wall Ball 10kg

### **Duro Wall Ball**

RKC03DRB

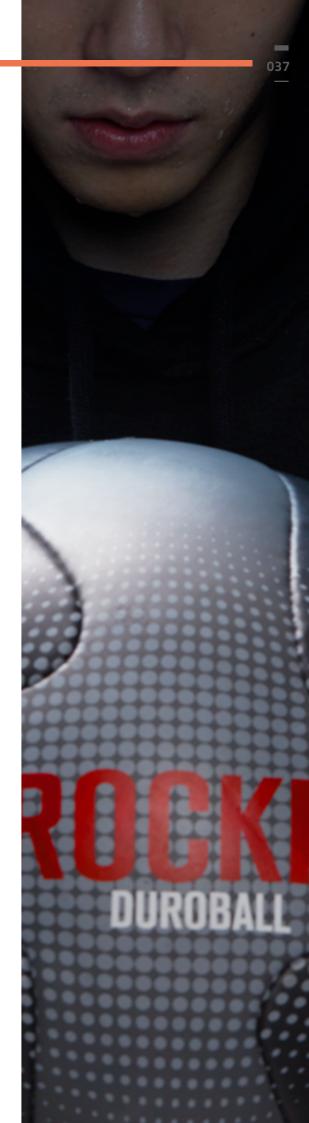
#### Feature:

- High resistance composition fibre
- Stuffed with bagged rubber or iron straps protected by clean elastic cotton
- strength 1200kg tested
- 35cm diameter

Warranty: 6 months

Color: RD

Item	Product
RKC03DRB-002	Durable Wall Ball 2kg
RKC03DRB-003	Durable Wall Ball 3kg
RKC03DRB-004	Durable Wall Ball 4kg
RKC03DRB-005	Durable Wall Ball 5kg
RKC03DRB-006	Durable Wall Ball 6kg
RKC03DRB-007	Durable Wall Ball 7kg
RKC03DRB-008	Durable Wall Ball 8kg
RKC03DRB-009	Durable Wall Ball 9kg
RKC03DRB-010	Durable Wall Ball 10kg





RKC03BBB

#### Feature:

- Commercial grade 1000 x 1000 D PVC cover
- High density nylon knitting belt

Warranty: 6 months

Color: BU



Item	Product
RKC03BBB-005	Shoulder Bag 5kg
RKC03BBB-007	Shoulder Bag 7kg
RKC03BBB-012	Shoulder Bag 12kg
RKC03BBB-017	Shoulder Bag 17kg
RKC03BBB-022	Shoulder Bag 22kg



RKC03PWB

#### Feature:

- Commercial grade 1000 x 1000 D PVC cover
- High density nylon knitting belt

Warranty: 6 months



Item	Product
RKC03PWB-005	Battle Bag 5kg
RKC03PWB-010	Battle Bag 10kg
RKC03PWB-015	Battle Bag 15kg
RKC03PWB-020	Battle Bag 20kg
RKC03PWB-025	Battle Bag 25kg



### **Soft Plyo Box**

RKC03PLYB

#### Feature:

- Replaceable PU cover
- Connectable by velcro fasteners

#### Specification:

- 3"/7.5cm, 90 x 77 x 7.5cm
- 6"/15cm, 90 x 77 x 15cm
- 12"/30cm, 90 x 77 x 30cm
- 18"/45cm, 90 x 77 x 45cm • 24"/60cm, 90 x 77 x 60cm

Warranty: 6 months

Color: BU

Item	Product
RKC03PLYB-SET5	Soft Plyo Box Set of 5
RKC03PLYB-7.5	Soft Plyo Box 7.5cm / 3"
RKC03PLYB-15	Soft Plyo Box 15cm / 6"
RKC03PLYB-30	Soft Plyo Box 30cm / 12"
RKC03PLYB-45	Soft Plyo Box 45cm / 18"
RKC03PLYB-60	Soft Plyo Box 60cm / 24"



### **3N1 Plyo Box**

RKC03PLYB-3N1

#### Feature:

- Replaceable PU cover
- Strong wooden structure

#### Specification:

• 61 x 51 x 77cm

Warranty: 6 months

Color: BU











### **Battle Rope with Sleeves**

RKC03BRP

#### Feature:

- Nylon sleeve for long last usage
- Length 15m x 3.8cm or 5cm dia

Warranty: 8 months

Color: BK



Item	Product
RKC03BRP-1538S	Battle Rope with Sleeves dia 3.8c
RKC03BRP-1550S	Battle Rone with Sleeves dia 5 Oc





### **Anti-Burst Gym Ball**

RKC03GBL

#### Feature:

- PVC material
- Pump is not included

Warranty: 1 year

Color: BU



Item	Product
RKC03GBL-055	Anti-Burst Gym Ball 55cm
RKC03GBL-065	Anti-Burst Gym Ball 65cm
RKC03GBL-075	Anti-Burst Gym Ball 65cm

### **Latex Resistance Band**

RKC03RBN

#### Feature:

- High elastic latex
- Loop length 208cm, With 5 levels of strength

Warranty: 6 months

Item	Product
RKC03RBN-SET	Latex Resistance Bands Set of 5
RKC03RBN-XLHT	Latex Resistance Band Extra Light, 15~35lb
RKC03RBN-LHT	Latex Resistance Band Light, 25~65lb
RKC03RBN-MED	Latex Resistance Band Medium, 30~80lb
RKC03RBN-HVY	Latex Resistance Band Heavy, 50~125lb
RKC03RBN-XHVY	Latex Resistance Band Extra Heavy, 100~250lb



### **Agility Ladder**

RKC03AGD-LAD

#### Feature:

- Adjustable step width
- Length 4.5m / 15ft

Warranty: 1 year

Color: og





### **Wooden Ring**

RKC03WDR-SET

#### Feature:

- High density nylon knitting belt
- Comfortable wood ring grip

Warranty: 1 year

Color: BK



### **Mini Band Set**

RKC03RBNM-SET

#### Feature:

- Set of 5 levels: Ex- Light/Light/Medium/ Heavy/Ex-Heavy
- Size: 30.5 x 5cm

Warranty: 1 year

Color: Random



### **AB Mat with Back Support**

RKC03AAB-MAT

#### Feature:

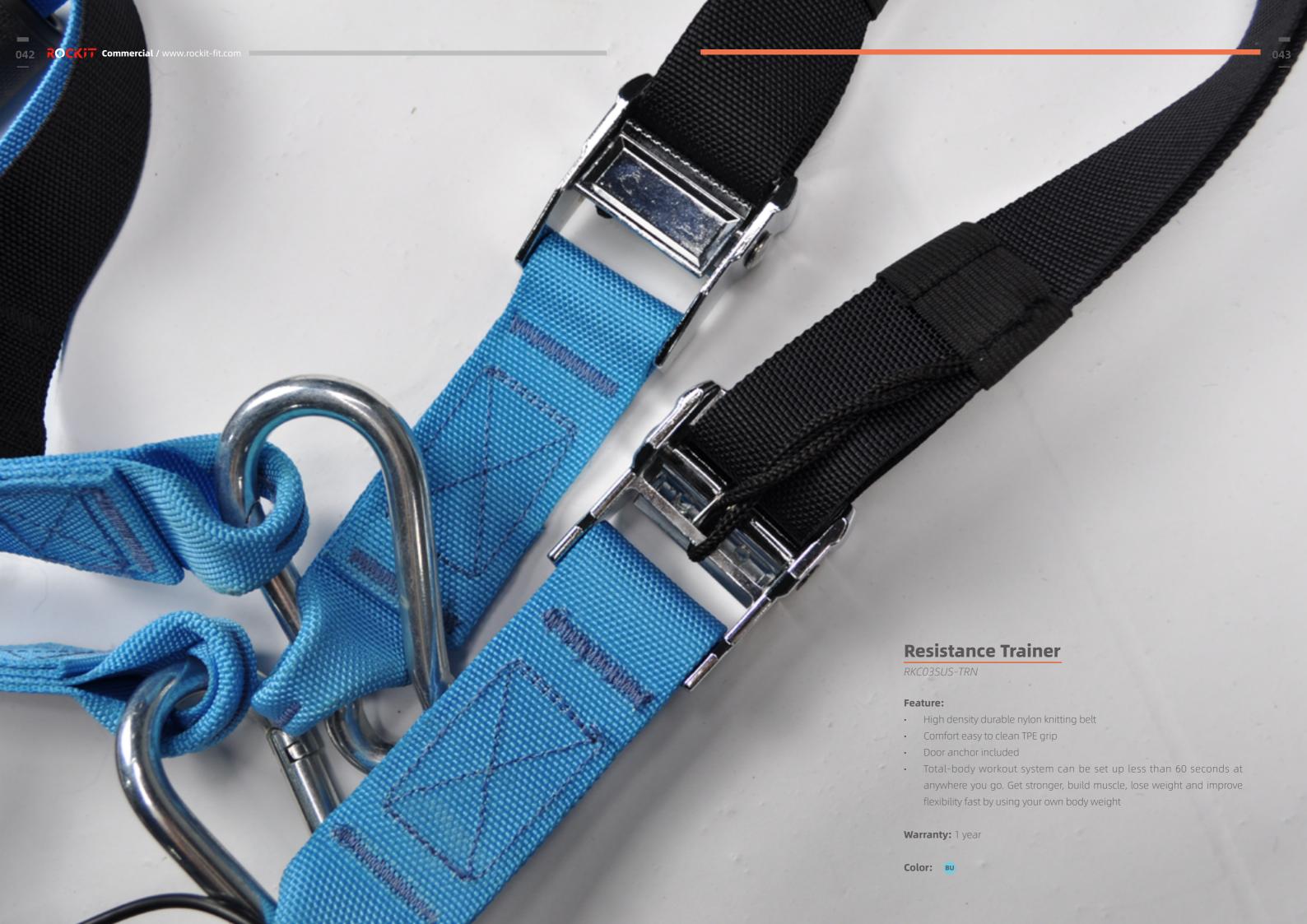
PU cover

Warranty: 1 year

Color: BK









### **Agility Cones**

RKC03AGL-CON

#### Feature:

- Set of 12 pieces
- Stackable

Warranty: 1 year

Color:





### **Foam Roller**

RKC03FMR-FUL

#### Feature:

- EPP foam
- Length 90cm

Warranty: 1 year

Color: BK



### **AB Wheel**

RKC03ABB-WHL

#### Feature:

• EVA wheel cover with ABS core

Warranty: 1 year

Color: BK



### **Hollow Short Roller**

RKC03FMR-HSRS

#### Feature:

- Length 33 x 14cm
- Waving surface

Warranty: 1 year

Color: 🚳



### **Speed Rope**

RKC03SPD-ROP

#### Feature:

- Aluminum handle
- Length 2.8m/9ft

Warranty: 6 months

Color: BU



### **Reaction Ball**

RKC03RCB-STD

#### Feature:

• Made of high density durable rubber

Warranty: 1 year

**Color:** Random



### **Adjustable Tube**

RKC03ADJ-TUB

#### Feature:

• Including 3 tubes light / medium / heavy

Warranty: 6 months

Color:



### **Balance Board**

RKC03BLC-BAL

#### Feature:

- Wooden
- Size 40 x 40 x 7.5cm

Warranty: 1 year



### **TPE Yoga Mat**

RKC03YMT-TPE

#### Feature:

- Anti slip textured surface
- TPE foam
- Size 173 x 61 x 0.6cm

Warranty: 1 year

Color: BU





### **Reversable Rubber Mat**

RKC03YMT-PRB

#### Feature:

- · Virgin rubber and PU material
- Super strong hold anti-slip
- Size 183 x 68 x 0.5cm, Weight 3.4kg

Warranty: 1 year

Color: BU



### **Training Sled**

RKC03RST-SLD

#### Feature:

- Black powder coating
- Heavy duty conditioning sled
- Suitable for push or pull

#### Specification:

- Size 110 x 68 x 90cm
- Weight 32kg

Warranty: 1 year



Color:



### **NBR Hanging Mat**

RKC03YMT-NBR

#### Feature:

- 15mm Thick NBR foam
- · With eyelets for hanging
- Size 127 x 56 x 1.5cm

Warranty: 1 year

Color: ®



### Yoga Block

RKC03YGA-BLK

#### Feature:

- EVA foam
- 23 x 15 x 7.5cm

Warranty: 1 year

Color: BU





### **Weight Lifting Platform**

RKC03LFT-PLF

#### Feature:

- A combination of natural bamboo and rubber.
- Thick rubber tiles to improve stability

#### Specification:

- Assembly size 2560 x 1940 x 50mm
- Weight 130kg

Warranty: 1 year

Color: 🗚





### Premium Neoprene Cable Attachment Set of 8

RKC06CBL-BSET

#### Only sell as a set package, Including:

- Close Grip Neutral: 13 x 20 cm, weight 2.8 kg
- Close Grip Supinate: 13 x 23 cm, weight 2.85 kg
- Medium Grip Neutral: 57 x 9 cm, weight 3 kg
- Medium Grip Pronate: 57 x 9 cm, weight 2.95 kg
- Wide Grip: 81 x 9 cm, weight 3.5 kg
- Biceps Pull Down Grip: 35 x 15 cm, weight 3.2 kg
- Biceps Pull Up Grip: 35 x 15 cm, weight 3.2 kg
- wide Triceps Pull Up Grip: 39 x 15 cm, weight 3.7 kg

## Cable Attachment Storage Stand

RKC02PNC-S08

#### Feature:

- Efficiently Organizes 8 Attachment Pieces
- Compact design fits in any corner
- Easy access
- Weight: 5kg
- Dimension: 92 x 13 x 12.5cm

Warranty: 1 year



Lat Bar 48"

RKC06LAT-048



Lat bar 36"

RKC06LAT-036



Front Lat Bar 28"

RKC06FRT-LAT28



Front Lat Bar 36"

RKC06FRT-LAT36



Curl Bar

RKC06CUR-BAR



Straight Bar

RKC06STR-BAR



Multi Exercise Bar

RKC06MTL-BAR



Tricep Press Down Bar

RKC06TRI-PRS



Tricep and Curl Bar

RKC06TRI-CUR



Revolving Tricep and Curl Bar

RKC06RVV-TRP



Single Handle Cable Grip

RKC06SGL-CBL



Seated Row Double Grip Cable

RKC06STD-ROW



Tricep Rope

RKC06TRI-ROP



Warranty: 1 year

Warranty: 1 year



# Storage System

Organize your gym workout space with ease. Our space-saving design and customizable configuration make it simple to store dumbbells, kettlebells, resistance bands, and more. Durable and easy to access, our system keeps your equipment tidy and maximizes your workout efficiency.



Choose from our vertical or wall-mounted options for an organized and accessible solution.

#### **ROCKIT BOX - Wall Mounted**

RKC05UNT-001WM

#### Feature:

- Full rack for wall mounted
- Modulized components

#### Specification:

- Weight 43.20kg
- Size (mm): See diagram

Warranty: 3 years

Color: 00



#### **ROCKIT BOX - Wall Mounted Unit Half Extension**

RKC05UNT-001WX

#### Feature:

- · Half extension for wall mounted
- Modulized components

#### Specification:

- Weight 32.60kg
- Size (mm): See diagram

Warranty: 3 years

Color: 00



### **ROCKIT BOX - Vertical Standing Unit**

RKC05UNT-001VS

#### Feature:

- Full rack for free standing
- Modulized components

#### Specification:

- Weight 57kg
- Size (mm): See diagram

**Warranty:** 3 years

Color: DG



### **ROCKIT BOX - Vertical Standing Half Extension**

RKC05UNT-001VX

#### Feature:

- Half extension for free standing
- Modulized components

#### Specification:

- Weight 39.50kg
- Size (mm): See diagram

**Warranty:** 3 years

Color: DG





#### **Universal Hook Large**

RKC05UHK-LRG

#### Feature:

Minimum order 2pcs

- Length 250mm

Warranty: 3 years

Color: 0G







#### **Ball Stand Large**

RKC05BST-LRG

#### Feature:

Minimum order 2pcs

#### Specification:

- Weight 1.5kg
- Length 410mm
- Width 200mm
- Height 75mm

Warranty: 3 years

Color: DG



#### **Ball Stand Small**

RKC05BST-SML

#### Feature:

Minimum order 2pcs

#### Specification:

- Weight 1kg
- Length 300mm
- Width 200mm
- Height 75mm

Warranty: 3 years

Color: 00



**Universal Hook Small** 

RKC05UHK-SML

Specification:

Weight 0.5kg

• Length 190mm

• Width 350mm

• Height 75mm

Warranty: 3 years

Minimum order 2pcs

Feature:

#### **Utility Box**

RKC05BOX-STD

#### Feature:

• Ergonomic sloping design for easy access

#### Specification:

- Weight 8kg
- Length 450mm
- Width 330mm
- Height 450mm

Warranty: 3 years

Color: og



#### **Storage Tray**

RKC05STR-TRY

#### Feature:

Anti slip rubber surface

#### **Specification:**

- Weight 10kg
- Length 1120mm
- Width 370mm Height 145mm

Warranty: 3 years

Color: 0G









## **Strength Training**

Designed for maximum versatility and performance. With customizable resistance, ergonomic design, smooth movement, and targeted muscle activation, our machines deliver exceptional results. Built to last with durability and stability in mind, they offer a wide range of training options for users of all fitness levels.





### **Adjustable Bench**

RKC11ADJ-9953

#### Feature:

- Continuously adjustable design (angle from 80° to horizontal), enabling various functional training modes including incline, flat, and decline.
- Built-in handles and wheels for easy movement.

#### Specification:

- Net Weight 34 kg
- Gross Weight 42 kg
- Dimension: (L)1500×(W)700×(H)1300mm

#### Warranty:

- 5 years period for the main frame components
- 2 years period replacement for spare parts
- · Warranty starts from the receipt of the goods



### **Olympic Flat Bench**

RKC110FL-9942

#### Feature:

• Shock-resistant barbell hooks effectively protect the surface of the equipment.

#### Specification:

- Net Weight 77 kg
- Gross Weight 85 kg
- Dimension: (L)2060×(W)1280×(H)1200mm

#### Warranty:

- 5 years period for the main frame components
- 2 years period replacement for spare parts
- · Warranty starts from the receipt of the goods



### **Hyper Extension**

RKC11HEX-9972A

#### Feature:

- Low-standing design for easy entry and exit.
- Adjustable leg pads and handrails to accommodate different heights.

#### Specification:

- Net Weight 49 kg
- Gross Weight 54 kg
- Dimension: (L)1500×(W)960×(H)850mm

#### Warranty:

- 5 years period for the main frame components
- 2 years period replacement for spare parts
- Warranty starts from the receipt of the goods



### **Olympic Incline Bench**

RKC110IN-9943

#### Feature:

- Adjustable seat, the fixed foot tube provides reliable stability.
- Built-in trainer protection platform.

#### **Specification:**

- Net Weight 108 kg
- Gross Weight 116 kg
- Dimension: (L)1820×(W)1290×(H)1340mm

- 5 years period for the main frame components
- 2 years period replacement for spare parts
- · Warranty starts from the receipt of the goods

<sup>\*</sup> Image for display only; rack excludes weights.



### **Power Rack**

RKC11SQK-6642

#### Feature:

- Main frame: Made of 50 x 100mm thick elliptical tubes.
- Painting: Electrostatic powder coating, scratch-resistant.
- · Bearings: Industrial standard sealed bearings for high durability performance.
- · Handles: High-density foam material, wear-resistant, antiscratching.

#### Specification:

- Net Weight 130 kg
- Gross Weight 140 kg
- Dimension: (L)1300×(W)1050×(H)2100mm

#### Warranty:

- 5 years period for the main frame components
- 2 years period replacement for spare parts



### **Smith Machine**

RKC11SMT-9947

#### Feature:

- 7-degree backward tilt design provides a more natural movement trajectory.
- The fully enclosed linear bearing guide system offers a smooth and low-noise training experience.
- The built-in balanced counterweight design does not require a mesh cover for protection.
- Heavy-duty adjustable safety seat ensures safe usage.

#### Specification:

- Net Weight 200 kg
- Gross Weight 240 kg
- Dimension: (L)2130×(W)1470×(H)2260mm

- 5 years period for the main frame components
- 2 years period replacement for spare parts
- Warranty starts from the receipt of the goods



### **Plate Loaded Horizontal Press**

RKC11PIT-6705

#### Feature:

- Ergonomic handles for confortable grip
- Smooth movement with safety stops
- Durable construction with a compact design
- User-friendly for all fitness levels

#### Specification:

- Net Weight 76 kg
- Gross Weight 86 kg
- Dimension: (L)1700×(W)1550×(H)730mm

#### Warranty:

- 5 years period for the main frame components
- 2 years period replacement for spare parts
- Warranty starts from the receipt of the goods



### **Plate Loaded Shoulder Press**

RKC11PIT-6715

#### Feature:

- Ergonomic handles for confortable grip
- Smooth movement with safety stops
- Durable construction with a compact design
- User-friendly for all fitness levels

#### Specification:

- Net Weight 98 kg
- Gross Weight 108 kg
- Dimension: (L)1130×(W)1660×(H)1280mm

#### Warranty:

- 5 years period for the main frame components
- 2 years period replacement for spare parts
- Warranty starts from the receipt of the goods



### **Plate Loaded Incline Press**

RKC11PLT-6710

#### Feature:

- Ergonomic handles for confortable grip
- Smooth movement with safety stops
- Durable construction with a compact design
- User-friendly for all fitness levels

#### Specification:

- Net Weight 90 kg
- Gross Weight 100 kg
- Dimension: (L)1550×(W)1650×(H)1050mm

#### Warranty:

- 5 years period for the main frame components
- 2 years period replacement for spare parts
- Warranty starts from the receipt of the goods



### **Plate Loaded Leg Extension**

RKC11PLT-6745

#### Feature:

- Main frame: Made of 50 x 100mm thick elliptical tubes.
- $\bullet \quad \hbox{Painting: Electrostatic powder coating, scratch-resistant.}$
- Bearings: Industrial standard sealed bearings for high durability performance.
- Handles: High-density foam material, wear-resistant, antiscratching.

#### Specification:

- Net Weight 85 kg
- Gross Weight 95 kg
- Dimension: (L)1730×(W)1130×(H)1200mm

- 5 years period for the main frame components
- 2 years period replacement for spare parts
- Warranty starts from the receipt of the goods

<sup>\*</sup> Image for display only; rack excludes weights.

### **Plate Loaded Incline Row**

RKC11PLT-6742



#### Feature:

- Main frame: Made of 50 x 100mm thick elliptical tubes.
- Painting: Electrostatic powder coating, scratchresistant
- Bearings: Industrial standard sealed bearings for high durability performance.
- Handles: High-density foam material, wearresistant, anti-scratching.

#### Specification:

- Net Weight 85 kg
- Gross Weight 93 kg
- Dimension: (L)2100×(W)880×(H)1250mm

#### Warranty:

- 5 years period for the main frame components
- 2 years period replacement for spare parts
- Warranty starts from the receipt of the goods



RKC11PLT-FR400



#### Feature:

- Main frame: Made of 50 x 100mm thick elliptical tubes.
- Painting: Electrostatic powder coating, scratchresistant.
- Bearings: Industrial standard sealed bearings for high durability performance.
- Handles: High-density foam material, wearresistant, anti-scratching.

#### Specification:

- Net Weight 158 kg
- Gross Weight 188 kg
- Dimension: (L)1850×(W)1850×(H)935mm

#### Warranty:

- 5 years period for the main frame components
- 2 years period replacement for spare parts
- Warranty starts from the receipt of the goods



### Plate Loaded Hack Squat

RKC11PLT-SM796

#### Feature:

- Main frame: Made of 50 x 100mm thick elliptical tubes.
- Painting: Electrostatic powder coating, scratch-resistant.
- Bearings: Industrial standard sealed bearings for high durability performance.
- Handles: High-density foam material, wear-resistant, anti-scratching.

#### Specification:

- Net Weight 125 kg
- Gross Weight 135 kg
- Dimension: (L)1910×(W)1435×(H)1600mm

- 5 years period for the main frame components
- 2 years period replacement for spare parts
- Warranty starts from the receipt of the goods

<sup>\*</sup> Image for display only; rack excludes weights.

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#### 6

### Other information for you...

#### **Lead Time**

• The lead time for delivery is between 14 to 30 days and may vary depending on the range of products and the quantity ordered.

#### **Payment**

• 30% deposit by T/T (Telegraphic Transfer), 70% balance T/T before shipment.

### Shipping

Sea and air freight services are available for your convenience. The transportation
cost is determined by the volume and weight of the order. Please feel free to
contact us for more information and details regarding the transportation options
available to you.

#### Warranty

The warranty period is listed in the product description in this catalog, and it
begins from the date displayed in the bill of lading. To apply for a warranty,
please provide the order number and corresponding photographic evidence that
highlights the problem in detail. We will provide feedback within two working
days after receiving the warranty application. Warranty products will be shipped
with the next order to the customer.

### **Update**

 ROCKIT reserves the right to change or replace the appearance or color of the products in this brochure without prior notice.

#### Contact

• For any further inquiries, please do not hesitate to contact us at below, we will be more than happy to assist you.

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